

# Florence



**A Helping Hand  
for Your Helping  
Hands**

Let's get started



Let me guide  
you through  
your first steps.

## BASIC INFORMATION

What is your name?

Next

## MEDICAL CONDITIONS

Any medical conditions I  
should know about?

add condition



Next

## DIETARY RESTRICTIONS

Any dietary restrictions?

add restrictions



Finish



One last step! Sign up to save your information securely.

email

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password

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Sign up

Login



## Welcome, Chuck



Hi, I'm Florence. Here are your daily action cards to help track Claire's symptoms and diet. Tap (+) at any time to add more information.



Got it, thanks!

Would you like reminders to track Claire's symptoms and diet?



Maybe later    Yes, please!

### TRACK SYMPTOMS

How is Claire feeling today?



Eg Claire was feeling tired today and did not want to go out for our usual walk.

Save

### TRACK CALORIE INTAKE

What did Claire eat today?



Home



Diary



Progress



More